







GHRELIN: A NOVEL THERAPEUTIC STRATEGY AGAINST THE PREMATURE AND ACCELERATED AGING CLOCK PHENOTYPE IN PROGERIA EXPERIMENTAL MODELS

Marisa Ferreira-Marques^{1,2,5}; André Carvalho¹; Ana Catarina Franco^{1,2,5}; Ana Leal¹; Mariana Botelho¹; Sara Carmo-Silva^{1,2}; Rodolfo Águas¹; Luísa Cortes^{1,2}; Vasco Lucas¹; Ana Carolina Real¹; Carlos López-Otín³; Xavier Nissan⁴; Luís Pereira de Almeida^{1,2,5}; Cláudia Cavadas^{1,2,5#}; Célia A. Aveleira^{1,2,6#} ¹CNC-UC - Center for Neuroscience and Cell Biology, University of Coimbra, Portugal; ²CIBB - Center for Innovative Biomedicine and Biotechnology, University of Coimbra, Portugal; ³Departamento de Bioquímica y Biología Molecular, Facultad de Medicina, Instituto Universitario de Oncología, University of Coimbra, Portugal; ³Departamento de Bioquímica y Biología Molecular, Facultad de Medicina, Instituto Universitario de Oncología, University of Coimbra, Portugal; ⁴CECS, I-Stem and INSERM U861, Corbeil-Essonnes, France; ⁵Faculty of Pharmacy, University of Coimbra, Portugal; ⁶MIA-Portugal - Multidisciplinar Institute of Ageing, University of Coimbra, Portugal; [#]equal senior contibution







RESULTS



Ghrelin ameliorates cardiac related-pathology





Lmna^{G609G/G609G} Lmna^{G609G/G609G} Ghrelin





Ghrelin enhances cell proliferation and delays cellular senescence in HGPS fibroblasts



Ghrelin alleviates pathological changes in fat distribution and reverts lipodystrophy





Ghrelin treatment extending lifespan



FIGURE 1 (A-D) Ghrelin enhances autophagy and progerin clearance in HGPS fibroblasts. Whole-cell extracts were assayed for LC3B (A) (N=4), Lamin A/Progerin/Lamin C (C) (N=5) and β-Tubulin (loading control) immunoreactivity through Western blotting analysis. (B) Ghrelin decreased progerin immunoreactivity. Cells were immunolabeled for progerin (top panels, green) and nuclei were stained with Hoechst 33342 (bottom panels, blue). Scale bar, 10 µm. (D) Quantitative polymerase chain reaction analysis of progerin mRNA levels in HGPS fibroblasts upon 1 week of ghrelin treatment. (E-H) Ghrelin delays cellular senescence in HGPS fibroblasts. (E) HGP's fibroblasts were immunolabeled for Lamin A/C (red, top panel) and nuclei were stained with Hoechst 33342 (blue, bottom panel) (A). Scale bar, 10 µm. Quantification of the number of misshapen nuclei (**F**) upon ghrelin treatment (*N*=4-6). (**G and H**) Ghrelin decreased γ-H2AX immunoreactivity. Cells were immunolabeled for γ-H2AX (red), scale bar, 20 µm (**G**). Quantification of γ-H2AX *foci* number (**H**). (**I-L**) **Ghrelin increases cell proliferation and delays cellular senescence.** (**I and J**) Cells were immunolabeled for Ki-67 (red, top panel) and nuclei were stained with Hoechst (blue, bottom panel), scale bar, 10 µm (**I**). Quantification of the number of Ki-67-positive cells in HGPS and ghrelin-treated HGPS cells (**J**). (**K and L**) Ghrelin decreases cellular senescence, as determined by SA-β-Gal activity, scale bar, 100 µm (**K**). Quantification of SA-β-Gal-positive cells (**L**). Data are expressed as the mean±SEM of at least three independent experiments and are expressed as a percentage of HGPS. **P*<0.05, ***P*<0.001, ****P*<0.001, and *****P*<0.0001 significantly different compared to HGPS+Ghrelin, as determined by analysis of variance, followed by Tukey's multiple comparison test, or Student's *t* test. HGPS = Hutchinson-Gilford progeria syndrome

FIGURE 2 (A-C) Ghrelin treatment directly affects Lmna^{G609G/G609G} phenotype preventing age-associated phenotypes. (A) Photographs of 3 months-old vehicle- or ghrelin-treated Lmna^{+/+} and Lmna^{G609G/G609G} mice. (B) Cumulative body weight gain. (C) Serum concentration levels of glucose, cholesterol, and triglycerides. (D-K) Ghrelin delays skin age-related alterations in the skin of Lmna^{G609G/G609G} mice. (D) Images of Haematoxylin-eosin-stained (top panel) and Picro-Sirius-Red-stained (bottom panel) sections of dorsal skin, scale bar, 100 µm. (E-G) Quantification of the epidermis (E), dermis (F) and subcutaneous fat layer thickness (G) Haematoxylin-eosin-stained (top panel) and Picro-Sirius-Red-stained (bottom panel) sections of dorsal skin, scale bar, 100 µm. (**E**-**G**) Quantification of the origernis (**F**), dermis (**F**) and subcutaneous fat layer thickness (**G**) (expressed in µm), of the dorsal skin. (**H**) Images of dorsal skin immunolabeled for Ki-67 (red, top panel) and/or Keratin **1** (red, bottom panel) and progerin (**K**). Nuclei are stained with Hoechst 33342 (blue). Scale bar, 100 µm. (**I**) Quantification of Ki-67-positive cells in the epidermal layer of the skin expressed in a.u. (**1 O**) **Ghrelin ameliorates cardiac related-pathology of** *Lmma***^{Geogr/Geogr} mice**. Images of Haematoxylin-eosin- (**L**, top banel) alfa-smooth muscle acin, α -SMA, (**t**; red, bitton panel), and progerin (**O**) red) stained cross-sections of the aorta. Nuclei are stained with Hoechst 33342 (blue). Scale bar, 100 µm. Quantification of acinc, cwall ruck acin, α -SMA, (**t**; red, bitton panel), and progerin (**O**) red) stained cross-sections of the aorta. Nuclei are stained with Hoechst 33342 (blue). Scale bar, 100 µm. Quantification of acinc, cwall ruck acin, α -SMA, (**t**; red, bitton panel), and progerin (**O**) red) stained cross-sections of the aorta. Nuclei are stained with Hoechst 33342 (blue). Scale bar, 100 µm. (**R**) Quantification of acinc, cwall ruck acin, α -SMA, (**t**; red, bitton panel), and progerin (**O**) red) stained cross-sections of the aorta. Nuclei are stained with Hoechst 33342 (blue). Scale bar, 100 µm. (**R**) Quantification of acinc, cwall and the chart stained sections are transcription of scale sections of WAT, scale tar, 100 µm. (**R**) Quantification of acinc, cwall acinc, a scale stained sections of VAT, scale tar, 100 µm. (**R**) Quantification of acinc, cwall acinc, the advall with eacipose tissue (WAT), scale stained or sections of VAT, scale tar, 100 µm. (**R**) Quantification of acinc, cwall acinc, the advall acinc, terms acinc, ter

C[®]MPETE 2020

PORTUGAL 2020 Progeria Research Foundation

I-Stem

CONCLUSIONS Lmna^{G609G/G609G} mou<u>se model</u> Primary HGPS fibroblasts dysmorphic nuclei ▲ proliferation **V**progerin autophagy DNA damage senescence 🔇 - 🔇 - 🔇 reverts ▼ lifespan healthspan lipodystrophy Prelamin A (G608G★) lifespar \sim delays aging ameliorates and 📥 healthspar progerin metabolic profile in organs preventing body γ-H2AX hypodermis fat and tissues improvement accumulation weight loss * Cell-Cycle Arrest Machinery <u> HRELIN</u> • adipose tissue Defective Damage Lack of Proliferation β-Gal senescence ↓γ-H2AX *foci* and size ↓ p53 | ↓ p21 | ↑ Ki-67

Contact: Marisa Ferreira-Marques, mfmarques@cnc.uc.pt | from Ferreira-Marques M, et al. Aging Cell 2023, DOI: 10.1111/acel.13983